

		Monday	Tuesday	Wednesday	Thursday	Friday			
Week 1	Main	MEAT FREE MONDAYS 🌱 Tomato & Basil Pasta served with Garlic Bread 🌱 Cheesy Topped Omelette served with Baked Sautéed Potatoes	Chicken Korma Curry Served with 50/50 rice & Naan Bread 🌱 Quorn Lasagne served with Garlic Bread	Traditional Gammon Roast Dinner served with Roast/Mash Potatoes & Gravy 🌱 Quorn Sausage Dinner served with Roast/Mash Potatoes & Gravy	DELI DAY Selection of Deli Sandwiches, Wraps & Baguettes served with Warm pasta salad 🌱 Filled Jacket Potato served with a side salad	Fillet Fish Fingers served with chips 🌱 Margherita Pizza served with chips	29/08/22	06/03/23	Week 1
	Side	Spaghetti Hoops, Salad Bar	Green Beans, Salad Bar	Carrots, Broccoli, Salad Bar	Salad Bar	Garden Peas, Salad Bar	26/09/22	17/04/23	
	Dessert	Flavoured Angel Whip, Fresh Fruit, Yoghurt	Jelly & Ice Cream, Yoghurt, Fresh Fruit	Ginger Biscuit with a wedge of Fruit, Yoghurt, Fresh Fruit	Frank's Welsh Ice Cream tub, Fresh Fruit, Cheese & Crackers	Hungarian Biscuit with Orange wedge, Yoghurt, Fresh Fruit	31/10/22	15/05/23	
Week 2	Main	MEAT FREE MONDAYS 🌱 Tomato & Vegetable Pasta Bake Served with Garlic Bread 🌱 Cheese & Rice Flan served with Herbie potatoes	Bacon Brunch Bacon, Hash Browns, Omelette 🌱 Quorn Sausage Brunch Quorn Sausage, Hash Browns, Omelette	Traditional Turkey Roast Dinner served with Roast/Mash Potatoes & Gravy Roast Vegetarian Meatball Dinner served with Roast/Mash Potatoes & 🌱 Gravy	DELI DAY Selection of Deli Sandwiches, Wraps & Baguettes served with Warm pasta salad 🌱 Filled Jacket Potato served with a side salad	Fillet Fish Fingers or Non-Fried Salmon Fillet served with chips 🌱 Margherita Pizza served with chips	05/09/22	13/03/23	Week 2
	Side	Peas & Sweetcorn, Salad Bar	Baked Beans, Salad Bar	Carrots, Broccoli, Salad Bar	Salad Bar	Mushy Peas, Salad Bar	03/10/22	24/04/23	
	Dessert	Frank's Welsh Ice Cream tub, Cheese & Crackers, Fresh Fruit	Carrot Cake slice, Yoghurt, Fresh Fruit	Melting Moment with a wedge of Fruit, Yoghurt, Fresh Fruit	Vanilla sponge & custard, Cheese & Crackers, Fresh Fruit	Chocolate Orange cookie with Orange wedge, Yoghurt, Fresh Fruit	07/11/22	22/05/23	
Week 3	Main	MEAT FREE MONDAYS 🌱 Vegetarian Neapolitan Spaghetti served with Garlic dough Balls 🌱 Vegan Sausage Roll served with oven baked potato wedges	Oven Baked Chicken Chunks served with Herbie Potatoes 🌱 Vegetable Curry served with naan bread & 50/50 boiled rice	Savoury Minced Beef in Gravy served with Roast/Mash Potatoes & a Yorkshire pudding 🌱 Quorn Sausage Dinner served with Roast/Mash Potatoes & Gravy	DELI DAY Selection of Deli Sandwiches, Wraps & Baguettes served with Warm pasta salad 🌱 Filled Jacket Potato served with a side salad	Harry Ramsden Junior Fish in Batter or Non-Fried Salmon Fillet served with chips 🌱 Margherita Pizza served with chips	12/09/22	13/02/23	Week 3
	Side	Vegetable Medley, Salad Bar	Spaghetti Hoops, Salad Bar	Carrots, Broccoli, Salad Bar	Salad Bar	Garden Peas, Salad Bar	10/10/22	20/03/23	
	Dessert	Flavoured Angel Whip, Cheese & Crackers, Fresh Fruit	Jelly & ice cream, Yoghurt, Fresh Fruit	Flapjack Cookie with a wedge of fruit, Yoghurt, Fresh Fruit	Goopy chocolate sponge & custard, Crackers & Cheese, Fresh Fruit	Chocolate Orange cookie with Orange wedge, Yoghurt, Fresh Fruit	14/11/22	01/05/23	
Week 4	Main	MEAT FREE MONDAYS 🌱 Creamy Tomato Pasta Bake served with Garlic Bread 🌱 Cheese & Rice Flan served with Herbie Potatoes	Butcher's Sausage Hot Dog served with oven baked potato wedges 🌱 Vegetarian Enchiladas served with Veg of the Day	Gluten Free Pork and Carrot Meatballs served with Roast/Mash Potatoes & Gravy Roast Vegetarian Meatball Dinner served with Roast/Mash Potatoes & 🌱 Gravy	DELI DAY Selection of Deli Sandwiches, Wraps & Baguettes served with Warm pasta salad 🌱 Filled Jacket Potato served with a side salad	Fillet Fish Fingers or Non-Fried Salmon Fillet served with chips 🌱 Margherita Pizza served with chips	19/09/22	27/02/23	Week 4
	Side	Peas & Sweetcorn, Salad Bar	Baked beans, Salad Bar	Carrots, Broccoli, Salad Bar	Salad Bar	Mushy Peas, Salad bar	17/10/22	08/05/23	
	Dessert	Frank's Welsh Ice Cream tub, Cheese & Crackers, Fresh Fruit	Fairy drizzle muffin, Cheese & Crackers, Fresh Fruit	Raspberry bun with a wedge of Fruit, Yoghurt, Fresh Fruit	Marble sponge & custard, Crackers & Cheese, Fresh Fruit	Homemade Chocolate Muffin with Orange wedge, Yoghurt, Fresh Fruit	21/11/22	12/06/23	
							19/12/22	10/07/23	
							23/01/23		

Meat free: 🌱 Served Daily: Filled Jacket Potatoes with a daily choice of various fillings Salad Bar - includes 5 items Assorted Breads Drinks: Chilled Milk, Milkshake and Water